



# FRIENDS CENTER

*50 Years as the Quaker Hub for Peace & Justice in Philadelphia*

*In association with Friends Center's equity partners:*



American  
Friends  
Service  
Committee

Central Philadelphia  
Friends Meeting



## TRAINING FOR NONVIOLENT ACTION

*Join us as we celebrate Friends Center's 50<sup>th</sup> anniversary  
with a series of free, community-oriented trainings!*

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**November 23, 2025, 2-5 pm**

### **Building Skills for Spiritually Grounded Nonviolent Action**

*Led by Central Phila. Friends Meeting & Earth Quaker Action Team (EQAT)*

**Trainers: Lina Blount & Ingrid Lakey, EQAT**

This immersive training will equip you with essential tools & strategies of powerful nonviolent direct action. Whether new or seasoned, you'll deepen your understanding & sharpen your skills. We'll focus on:

- **Power, Targets, & Rebels:** Identify key decision-makers & understand the crucial role of rebels within a movement ecosystem. Dismantle the conventional understanding of power. Discover how to leverage consent & influence for change.
- **Beyond Marches and Rallies:** Campaigns don't win all at once – they win through taking successful steps. Being able to break down the steps towards winning is a key skill for successful strategizing. Practice designing inventive actions, and share ideas for creative, strategic tactics.

***Learn more & register:***

**<https://www.friendscentercorp.org/fc50>**

